Organized Baseball and Federal League Fight Is All but Over.

WASHINGTON, D. C., SUNDAY, JANUARY 24, 1915.

## Feds Demand that O. B. Keep Hands Off Players---C. U. Schedule

Griff Flays Fultz For Not Upholding "O. B." In Its Fight

Declares Head of Players' Fraternity Should Have Taken Immediate Stand for Welfare of Game.

By WILLIAM PEET.

Clark Griffith has taken a violent disfike to the Basebull Players' Fraternity In general, and its president, Dave Pultz, in particular The Old Fox since the time he graduat-

ed from the ranks to a full fledged manager has always had the best interests of the players at heart, but he flave Dave Fultz in no uncertain terms.

"When the Federals filed their suit to dissolve the National Commission, Dave Fultz, as president of the Players' Fra-ternity, should have come out with some such statement as this:
"The Piayers' Fraternity is satisfied

The Players Fraternity is satisfied with these contracts even if the court isn't; they were made in good faith and we will stand by them.

This attitude, argues Griff, would have made the ball players stand high in the esteem of the public, whereas at present the fans are not so very enthusiastic.

"During the time I have been connected with baseball," says Griff, "I have been member of several players fraternities. and they have all been governed by good officials. The present Players' Fraternity has only Dave Fultz at its head, and Fultz lost the chance of his life in not ning to the front for organized base-I when the Feds started court pro-

That Griffith has always been fair with the ball players is shown con-climitely since he has been in Wash-ington. The Old Fox never had a fineld out on his team. It is true that he refused to give Bob Groom a big backing up organized baseball's p salary and lost him, but it was because he did not believe Groom was worth

him a good name, that the Washington club has been able to do business with minor league teams, and get men here

Take the case of Chick Gandil, for Instance. At the time Griff went after him the Chicago Cubs and Roston Braves were dickering for Gandil's rvices, and all three offers were about

Owner Lichenheim, of the Montreal owner Literannesm, of the Montreal club, really left the matter up to Gan-dill, giving him the preference. There happened to be an old ball player on the Montreal club who knew Griffith intimately, and this man ad-

vised Gandil to cast in his fortunes 8th. That's why Gandil came here. Bob Murphy the Washington box

who last season played for Oakland it the Facific Coast League, has been sen to the New Orleans club, of the Southern Association, as Murphy figured in a trade which first sent him to Portland.

Dreg., from which club he was shipped twenty-five games with some of the best bathtub? Should "Skinny" Jones take

There is an interesting angle to Murnational commission for settlement Murphy signed a seven-month contract with the Oakland club last spring. It reserved for the club an option

Now the New Orleans team of the outhern Association can only offer Mur-

lub be required to pay Murphy for seven nonths' work when in reality he only

getting Murphy who was r needed by Bobby Cransfon, the old-icorrectown catcher. Murphy alternated between second base

ad about three weeks to run, returning

Murphy has a lot to learn about fieldng, but he is fast as a streak, and sure an bust that apple," is the way Arthur

evin talks.
"I consider him one of the best looking young ball players I have ever seen reak into the game." Devlin added.

The Wards, backers of the Brooklyn redemi club and supposed to be backers if several other clubs in that league, are n a legal mess, Robert B. Ward was served with papers vesterday in a sult grought by the Philadelphia Nationals rgainst him and his associates for per-mading Pitcher Tom Section to jump his ptional clause with the Phillies ar often for the Brooklyn Feds. The outon the dicision of Judge Kenesuw Lanis will decide in favor of the much ma-

The pleadings in the Feds' suit against basket-ball quint won its eight straight game reneited on Monday. We notice that we decision of the Supreme Court of the Mexico, to the effect that baseball is New Mexico, to the effect that baseball is to jump their optional clauses was Misted .

OLD FOX BLAMES HIM.



# to pay such sum as the Feds were willing it is just because ball players throughout the country who know Grifflith and his methods always give him a good name, that the Washington

ranged Twenty-five Games for Baseball Team.

OPEN WITH THE AGGIES

Harvard, Penn State, and Army and Navy Are on List-Northern Trip Short.

Manager W. O'Toole, of the Catholic

with games with Array and Navy, make one a Sandow in three months by the leading teams which the varsity means of exercise in tabloid form requiring just five minutes of your also meet Maryland Agriculture, Gallau- time when you roll out of the hay at the Swarthmore team,

The schedule is not as good as the one last season because the faculty grant-permission for games on Wednesday and Saturday only, and the Northern trip was interfered with by the twenty-fifth unniversary celebration which is to

Speaking of Bob Murphy reminds the April 22 while the first game with Navy riter of a little chal he had with Arthur is on May 3. The second game will be belief last week. Devil managed the played with the Midshipmen on May 19.

April 1-Lehigh at Washington, April 3-Holy Cross at Washington, April 3-Perin State at Washingto April 1-Johns Hopkins at Washingto

April 10-University of West Virginia at Wash

#### EIGHTH WIN FOR GEORGETOWN LADS

The undefeated Georgetown junior pre-

lean hands," as the saying is in equity. mary:

| cause they had in their own contracts |
| he very same elements which furnished |
| Wester | L. F. | De above |
| R. F. | Murtaugh |
| frame, possibly with heavier bones, he very same elements which furnished he very same elements which furnished hem a basis for an attack on their rivals. Also, he urged that the persuading of the furnished hem is basis for an attack on their rivals. Also, he urged that the persuading of the furnished legs comparatively short and therefore with short muster to jump their optional clauses was Mistead R. G. Subset cles. So that when he doubles his arm

### TRAINING THE BODY AND BRAIN TO WIN THE ART OF BEING STRONG

Shifting Poses of Lightweight Champion

FREDDIE WELSH.

White to Box in Cuba.

New York, Jan. 21 - Charlie White's next ap-

McAleenan Honored.

object of finding a worthy opponent for Mille Gib-callets, but expect to bone.

ALTROCK TO HELP COACH NAVY;

New York Jan. 23.—Arthur McAleenan, recently ciected captain of the New York Athletic Club, will have full charge of all swimming affairs of the Mercury Foot organization for the next year. He was selected a committee of one, when the athletic committee of the club met on Thursday high to name its subsidiary boards for 1915.

Highly Prove accurate and accurate for several wides to land 'llaude Derrick's calary was always in the way. Derrick's calary was always in the way. Derrick has a contract with the Cubs with another year to run and calls for athletic committees of the club met on Thursday high to name its subsidiary boards for 1915.

HARPER AND JACK BENTLEY

Nick Altrock, Washington's veteran pitching coach, has been engaged

Manager Griffith last night announced that he would send down to

In addition to giving expert advice to the Navy hurlers, Altrock will pend considerable time with Bentley and Harper. By this scheme the

by the Naval Academy authorities at Annapolis to start work February

Annapolis with Altrock Barry Barper and Jack Bentley, proteges of Al-

Nationals' young southpaws should be in excellent condition by the time the main squad goes into spring training at Charlottesville on March 1, Altrock will be on hand in Charlottesville when the first squad arrives He helped the Navy pitchers on several occasions last spring, and is a

15 and assist in coaching the Middles' candidates for pitcher.

trock's, and from whom much is expected this season.

GO TO ANNAPOLIS WITH HIM

Are Still Animals

Two Pennocks Ill.

High-priced Minor Leaguer.

By FRED WELSH.

Lightweight Champion of the World. I am not one of those "physical torture" persons who are crazy on the subject of strength. And it never was my great ambition to be able to lift 8,000 pounds with my little finger. But just the same I am a firm believer in the value of strength-not strength for the sake of strength. in health and good, clean, red blood. Besides, strength is a man's char-

past few months have made special strength in connection with my box ing, as though they used to think that I was not very rugged. I sup-pose that when one becomes known is a fast and skillful boxer it is taken for granted that he is not as strong and sturdy as those others who have to depend upon the heavy wallop sim-ply because they are not clever.

Goes Into the Ring To Use His Strength

never been troubled by any lack of strength in the ring, with any opponent. As a matter of fact, I do not go into the ring to display my strength, but rather to use it with as much good judgment and economy

And with the most efficiency. Get that? "Efficiency." Everybody is using that word efficiency, these days, so why not I. As I say, I save my strength as much as I can in boxing, by which I mean that I do not waste though when I need it I always have all I want. Where did I get it? I grew it. I was almost as much of a physical wreck at eighteen years as any sallow, young cigarette fiend that you ever saw. And if I was able to build myself up, so can any one else. I know that there are thousands of sturdy, athletic young men all over the country, and yet there are even more, probably many millions, physically below normal. The high percentage or rejections among applicants for the army, for instance, is just one indication of the need of

I have been asked all kinds of questhat exercise in necessary to develop is best? How much exercise does one need? What time of day is best? Do you have to keep it up? Should one go to a gymnasium, or take up outmiversity teams in the country up weight lifting to get rid of his Harvard and Pennsylvania State, along Adam's apple? Or can one really beup weight lifting to get rid of his

> Bunchy Muscles Are Not Always Best

ly developed. Don't keep the tape measure perpetually on the job to see each day if your chest and biceps are a little more like Hackenschmidt. And if you take exercises at home it would be better not to take them in front of the big looking giass, watching for them to get large and prominent until they look like under your skin in various parts of

For One Lightly Built

and that your build is one that will He the poet in that the fact that the support was served on Mr. Ward at this line was the result of a hunch on the line was the result of a hunch on the line was that Judge Lands will decide in favor of the is slender because he has light bones, 4 other strenuous work without ever beginning to look like the Farnese Hercules. The chances are that Hercules. The chances are that "Skinny" would make a crack longdistance runner, and enjoy his most

sad business, and was not an evidence of pureness of heart. Judge Landis said or would stand for nothing that would one would stand for nothing that would one would stand for nothing institution. However, thich must have pained the Feds not a fifth of the first that would stand for nothing that would stand stan

but for the sake of what it means,

However, I may say that I have

Exercise Necessary To Develop Strength

tions on the subject of exercise and training. Of course everybody knows 7:19 a. m.? And more of the same strength. If you want strength, it is brains, presumably like his own, kind. How about it?

internal machinery that means health. And that's why exercise is impor-tant, not merely to a boxer, or any

other athlete, but to every man, woman and child. The only way you can get at those internal organs to woman and child. The only way you need at the Brookland institute during the latter part of the month or May.

The club will open its achedule with a fame with Marryland Agrics, and of low fine days later with a battle with Gallaudet. Harvard will be played never on April 22, while the first game with Navy is non May 3. The second game will be played not he of their type of build. Don't try for their is on May 3. The second game will be played not he about the histolity will be almost a bad thing to be a fanatic about muscular development. The schedule is as follows:

March 2. Most before the words the month or May.

March 2. Schlaudet at Keedall Green.

March 2. Directive of Vermont at Washington.

March 3. Directive of Vermont at Washington.

March 3. Directive of Vermont at Washington.

March 3. Directive Healing to compare favorably on the size, and looks of them they you can say about it.

But 1 think it is better not to think to be formed the played not the size, and looks of them will be played not the size and looks of them they work to the lower for when you muscles internal organs to the strength. We must remember that we are still animals the strength with the sail or lades bout muscular development. It's a wholesome, healthy fad, at the very worst you can say about it.

But 1 think it is better not to think to be formed the size and looks of the words their answers to the angent of it, but not about the strength. We wast to expect the day develops waste pople don't realize that. For when you put your muscles into considerable exercise is because the work of the day develops waste pople on the first and the second part was collection of baseballs concealed Harana, has an elaborate program in mind for the fans of Cuba this spring. In addition to finding a light-weight to meet White, Klegin intends to hold a number of middle-weight boots, with the

Weight Lifting Bad

your head, because the chances are that you will be disappointed anyway at a labor, but an amusement, was the Preps in the lead all the way. The robust health while yet remaining trongig urged by the attorneys for O. B. work of Wesver and Hollahan for the

re Friday. George W. Miller, making winners stood out prominently, while On the other hand, you will probtiosing address for O. B., contended Murtaugh and Nichols did the best
that the Feds came into court with "untions hands" or the saving to be under only plays tennis. The reason is be-

This smooth, natural de-, without exercising some muscles. And but we may at least have a full sup

Took An Interest In His Chest Expansion

the tape measure, watching my go together.

chest expansion, and my calf, arm and

Every once in a while some very Besides, strength is a man's characteristic, and I have always felt that the man without at least a reasonable degree of it is not quite what he should be.

Various American newspapers in the strength of the man without a strength you have is the internal He tells you that what we need today.

velopment is found in most success-ful athletes, and is the thing to work for. If you want to know from experience the value of exercise, just stay in bed for a month and see how weak and combination of brains and physical thin you get. Exercise is the greatest vigor.
tonic in the world. Without it all your The kind of exercise that you need

vital organs lose tone, your circula-tion gets sluggish and your health fails. Strength is directly related to first. Gradually work up to vigorous

I will admit that there was a time one who tells you that he does not work. And don't go into athletic com-when I took a good deal of interest want strength, but only health. They petition until you have first built up your body and strengthened every part of it by months of systematic Light Exercise Worse

Than No Work at All

You will hear some talk about the question of light or heavy exercise, but if your case is the average one don't make it too light, for that is about the same as no exercise at all. For building strength, it is better to do a little work that is real exercise than to spend a lot of energy on some light, piffling movements that don't call for strength and therefore cannot strength. And especially strengthen the trunk muscles, back, abdomen, chest and sides. However, don't take up weight lifting or wrestling right on the start. Take exercise that is fairly vigorous, but that will not strain you, and take enough of it to make you sweat. If it isn't enough to make you sweat, it isn't as much as you will need for the sake of health.

Don't think that you can take five

or ten minutes of exercise each day and keep in perfect condition. Five minutes of active work is many times better than none, but it will not answer your requirements. You will be catching colds, and all that kind of hing. For the right kind of health, n which you do not "catch cold." have headaches or digestive troubles, I would suggest two or three hours of exercise every day. Perhaps fifteen or wenty minutes of this should be real-y vigorous, strength-building exerise, with the balance of the two o three hours given up to lighter out door pleasures, such as walking, golf horseback riding, tennis and the like

Take Light Outdoor Work First of All

If you take it all together, take the light outdoor work first. But better take the two forms of exercise at different hours of the day. That would make an excellent program for the average person. Of course if you are athletic, or wish to get into special condition, faster and more energetic work would be desirable, such as handball, football or baseball, cross-country running, distance swimming. hockey and the like. But I would cer recommend at least a couple of hours of moderate exercise for the Grabs Early Lead and Are Never average man, even if he takes it in the evening, in the form of a walk, with a little additional real muscular work. Perhaps you can walk to your place of employment for the one and go to a gymnasium in the evening for A half hour of apparatus work in

the gym will do splendidly for the lat-ter purpose. Don't bother with weight lifting. Of course there is no great twenty-one, already strong and heavtly built. And it is undoubtedly the way to secure the greatest strength, should be strength for the sake of and that the day of brute strength has if you wish to rival an elephant. But health. And it is this strength of the long since departed.

> Reason Why Exercise Even With Brains Is Necessary to Body

also in dressing and moving around in other ways.

You cannot wink or talk or eat burdened with an excess of brains, late in the afternoon. There is no special physiological reason for exercise the first thing in the morning. In fact, very much of it then may Cambridge, Mass., Jan. Il.-The Pennocks, Har. even consume some of the energy that New York. Jan. 21.—Charlie White's next appearance after his bout with Weish in the Garden on Tursday will be in Havana. Richard C. Klegin, the fight promoter, who owns the rights for bouts at Macco Park, the biggest boning stadium in Havana, has an elaborate program in mind for the fans of Cuba this spring. In addition to finding a light-weight to meet White, Klegin intends to hold a number of middle-weight bouts, with the object of finding a worthy opponent for Mike Gibbons.

Cambridge, Mass., Jan. 21.—The Pennocks, Harver of the energy that the ordinary this week. Stanley, the better known of the two, whom Walter Camp has three times picked out for his All-American eleven, was stricken with the numers Weshnesday and taken to the Stillman Infirmary Thursday. Brother John, also a light-weight to meet White, Klegin intends to hold a number of middle-weight bouts, with the object of finding a worthy opponent for Mike Gibbons.

getting too much exercise just as you can by eating too much food, though Generally speaking, it is the nervous erson who takes too much exercise The phiegmatic man is not likely to. The best guide is your ows pleasure in the exercise. So long as it is fun it is doing you good, but when it commences to be work, stop, desist, dis-

Too Much Exercise Will Do Real Harm

So long as you are enjoying it, you waste poisons in the body are being Lynchburg. Va. Jan. 21—Washington and it is real recreation. But exercise itself produces these fatigue poisons, though at first they are removed as fast as formed, along with those already present. But after a time the fatigue poisons in the muscles begin to accumulate faster than they are removed, and the benefits of the exercise come to an end. You will begin to feel signs of fatigue. It is no longer fun. And that is the time to stop. Don't force yourself to keep on until thoroughly fatigued. Just there is the whole secret of exercise for health, for the average man.

Lynchburg. Va. Jan. 21—Washington and Thormey.

Long defeated Georgetown here to night in an uninteresting game, the score to night in an uninteresting game, the score being 32 to 23. The Generals outplayed the Hilltops in the first half, the period the fore ringing a field goal. Line-up: Georgetown went sixteen minutes become year of the fore ringing a field goal. Line-up: Georgetown went

Federals Demand That Organized Ball Drop Its Injunction Suits

AMERICAN LEAGUE HEAD.



BAN B. JOHNSON. Who has yet to be heard from in the big court proceedings at Chicago, Mr. Johnson has maintained all along that

Annapolis Cadets Land Victory from Brooklanders in Spectacular Fashion.

Headed Caffery Features Game for Washington Team.

Annapolis, Md., Jan. 22.-Although out. day or the next day. classed, the basket-ball team of Catholic dianapolis, closed for the Federals at University put up a stubborn game 7:15 o'clock tonight. Attorney George

"Hands Off Our Players," Is Request of Lawyer Gates to Judge Landis in Big Suit Before U. S. Court.

Chicago, Jan. 2.-Hands off our players. This is the basic request of the Federal League in its motion for a preliminary injunction against organized baseball, ac-cording to the statement of Edward E. Gates, of counsel for the plaintiffs' before Judge Landis in the United States District Court today.
"The time has come in this matter that

should know just what you want," said Judge Landis, when Mr. Gates began his opening statement. "I want to have in mind just what you want written in the order you have prepared for me in the event I grant your prayer."
"We want them first," said Mr. Gates, "to keep their hands off our players. Our request for a preliminary injunction is based on this. We want to keep them

from harassing our players and tampering with our business. We also ask that they be restricted from proceeding with their many suits against us. "We do not seek the disruption of so-called organized ball. We are not trying to stop their clubs from going to training quarters, but we do not want them to be

"They have injured our business and hurt our players. They have obtained temporary injunctions in different courts preventing men from playing on our

Pennsylvania, two in St. Louis, three in New York, and four or five at other places. They have obtained their injunctions where these questions are known, and where they have not been gone into fully. We want them decided here for once and alt. That will end it. Why leave the diamond for the court

that the question of his jurisdiction in the case was not plainly settled yet.
"This is or right attractive controversy, though," declared the court,

Mr. Gates explained that the question of the court's jurisdiction would be fully fealt with by Quincy A. Meyers, his coi-Mr. Gates then renewed his opening tatement. He expects to answer the alle-

cations of attorneys for organized base oall that the proceedings were prought in good faith. It's Up to Judge Landis. ceedings were not

Late last night The Washington Herald's Chicago correspondent tele-graphed the following:

The bases are full and no one is out. Judge Landis, of the Federal Court is now at bat. In other words, NAVY FIRST TO COUNT the baseball trial is over, but no decision has been given in the suit filed by the Federal League for a preliminary injunction to restrain organize baseball in various ways. Judge Lan-dis took the case under advisement tonight and probably will not decide the again he may make his decision Mon-

Attorney Edward E. Gates, of In-University put up a stubborn game against the Annapolis Middles this afternoon. The game, in fact, was the most spectacular and interesting seen bere this season. The final count was Navy 22, Catholic University?

The Middles led off in the scoring. They tailied three goals from the court in the first few minutes of play.

The varieties of the twenty days to answer the original bill of complaint. The answer will consist of a summary of the refutations made by organized baseball attorneys to the charges of the Federal League.

tallied three goals from the court in the first few minutes of play.

Caffery was the first to make a count for the Catholics. He got a field goal. The remainder of the first half was very stubbornly fought, and ended with the following score: Navy, 13; Catholic United baseball the Federal League attornoys will be allowed twenty-one days in which to file their interrogative—in other words their answers to the answers to th

Chandler Center. Dennells
Coversch R. G. Keeran
Wilkes L. G. Cartwright
Substitution-Lockhardt for Chandler (Co. Wilkes
Caffey, Cartwright, Goals from foul-Smith (f)
While G), Referre—Mr. Collidower, Georgetexn
Time of haires—30 minutes.

AFTER ONE-LEG BOXERS.

James Crouse Issues Deft to Middleweight Fighters.

James Crouse, of Pittsburgh brother of "Buck"
Crouse, middle-weight fighter, has hunted a challenge toward all one-legged boxers. James is minus
his left leg, but the loss of it has not handlescaph
him much in an athletic way.
Crouse not only is a honor, but he rides a ticycle,
well.

Crouse has almost an uncanny shillty in balance.

Providence Signs Ostergren.

Roston, Jan. 2.—Fred Onterpress, the former

Course has almost an uncanny shillty in balance.

## Georgetown Defeated By Washington and Lee

Lynchburg, Va., Jan. 21.-Washington | stars for Georgetown were O'Lone, Curry